

FOR FAMILIES TO LEARN AND GROW TOGETHER IN JESUS

This lesson is produced by St. Paul's-Muskego KIDS CLUB for parents and children to use together at home. Portions of the "Dig In"® curriculum are used with the permission of Group Publishing, Inc.–Loveland, CO.

Week of January 17, 2021



DIGGING INTO



GOD'S COMMANDMENTS:

Worship God

[Exodus 20:8-11](#) [Genesis 2:1-3](#)



NOTE ABOUT THIS LESSON SERIES

You may notice as we work through this series on the Ten Commandments that they are arranged differently from what Martin Luther presents in his Catechism (see below). This is just different ways of organizing them and does not change the content.

#	MARTIN LUTHER	KIDS CLUB SERIES
1	No Other Gods	Put God First
2	Respect God's Name	No Other Gods
3	Worship God	Respect God's Name
4	Honor Parents	Worship God
5	No Murder	Honor Parents
6	No Adultery	No Murder
7	No Stealing	No Adultery
8	No Lying	No Stealing
9	No Coveting House	No Lying
10	No Coveting Other	No Jealousy/Coveting

THE LESSON

In the Old Testament (OT) times, God told his people to strictly observe a Sabbath day and keep it holy. A Sabbath was one day each week set aside for physical rest, prayer, and worship of God. Nothing else could be done! This idea of rest was so important to God that he set an example by resting (ceasing his creative work) on the seventh day of Creation.

When Jesus came, fulfilling all the OT laws and dying on the cross, the OT Sabbath was no longer in effect. Jesus gives us the true rest – the forgiveness of sins.

Strictly observing a Sabbath day is no longer required. God does, however, want us to regard his Word as holy and true and eagerly hear, learn, obey, and share it. For most Christians, this includes going to church in some manner each week.

We study God's Word on our own and in our families, attend weekly church services, and participate in ministries like KIDS CLUB, not because we have to but because we want to out of love for God and thanks for all he has done for us in Jesus.

THE POINT



We worship God.



Remember the Sabbath day by keeping it holy.

What does this mean?

We should fear and love God that we do not despise preaching and His Word, but regard it as holy and gladly hear and learn it.

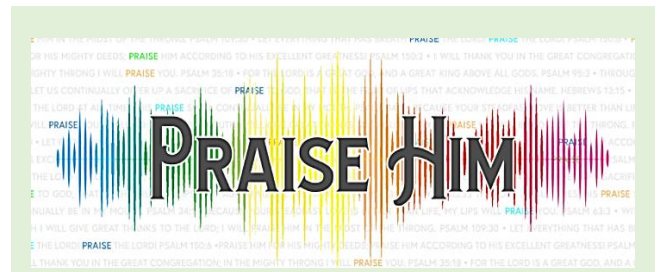
Watch WORSHIP and Answer the Questions Below:



1. Tying into last week's lesson about respecting God's name, what different names for God were shown in this video?
2. Why do you think this video tells people to "relax" when they come to church?
3. What did the video encourage people coming to worship to "forget about"?
4. Fill in the blanks with the correct "R" words from the video (*the number of letters in each word are shown*): [In worship] it's time to ____ and _____ on His goodness and let Him _____ your spirit."
5. The very last line in the video said this (complete the statement): "It is time to fix our eyes on _____."
6. Why is Jesus the central focus of worship?
7. Do you like coming to worship services? Explain.
8. What from this video could you use to convince someone who maybe doesn't go to church, to come to worship with you?

Family Together Time

- Pick a day this week when you can have some family time. (If you can't swing a *full* day, try finding just a few hours.)
- Let everyone pick one thing to do together.
- Activities should help you connect with God and each other. For example, you could...
 - have a dance party to worship music.
 - play a board game together and encourage each other while you play.
 - read a fun Christian book together.
 - go for a nature walk and point out things God created.



Fairest Lord Jesus



Worship Christ



All That I Am



Watch & Talk: BUSY, BUSY, BUSY

1. Does your family resemble the one in the video? Explain.
2. Why is "Busy, Busy, Busy" a good title for this story?
3. For what reasons is Sunday important for this family?
4. Why should all families add a day of rest and worship to their schedules?