



Community Counseling & Care Center

Mental Health Monday Fall 2022

Courses are held in the Grace Room on Mondays, starting at 6:30 pm and running no later than 8:00 pm. Freewill offering will be accepted to support Counseling Center Ministries.

Cornerstone – Learn to be Resilient! – Beginning October 3

Resilience is a skill that is learned, not one that is inherited. Learn how you can build resilience and overcome challenges with Cornerstone! This six-week course will provide you with strategies to increase your resilience and strengthen your faith in the future. By the end of the course, you will have the skills you need to overcome any challenge! Course begins Monday, October 3, and will run every other week through December 12.

Marriage Enrichment

Every marriage could benefit from investing a little time and energy growing in the basics of communication and conflict resolution. Pastor Bonack's presentation will give couples the opportunity to review/learn basic skills and put them into practice.

- **October 10 -- Reflective Listening** – We're all pretty good at talking and getting our point across. But how skilled are we at listening, *truly* listening? How do we help our partner know they are being heard?
- **December 5 -- Basics in Conflict Resolution** – We'll share a model for conflict resolution that can help you sort through some of the pitfalls couples can easily fall into.

My Loved One is Suffering from Dementia – October 24

It's very difficult for people with dementia to communicate as the disease progresses. This can cause quite a few negative emotions for them; fear, boredom, sadness, loneliness etc. We'll talk about why it is so difficult for them to communicate, and what we can do to help them with this. Since there is no cure for dementia, the only thing we can do is try to enhance the quality of life they do have. We can actually make quite a difference in their lives! We will also watch a short video on Virtual Dementia – how people without the disease can get a glimpse of what life is like living with Dementia.

Christian Response to Gender Dysphoria - November 7

Gender dysphoria is impacting many families in our community and our church. Let's talk about what gender dysphoria is and how can we be a blessing to individuals who wrestle with their identity as well as to their families.

GriefShare Surviving the Holidays – November 21

Wondering how you will survive the weeks surrounding Thanksgiving and Christmas? Are you dreading these holidays, knowing that everything has changed and that happy memories from past years can't be recreated?

Our Surviving the Holidays seminar is especially for people who are grieving a loved one's death. You'll learn:

- ✓ How to deal with the many emotions you'll face during the holidays
- ✓ What to do about traditions and other coming changes
- ✓ Helpful tips for surviving social events
- ✓ How to discover hope for your future

WEEKLY CALENDAR

For the week of September 26, 2022

MON	10:00 am	Walking Group (Trinity Gym)
	6:00 pm	DivorceCare (Hope Room)
	7:00 pm	Dartball League (The Bridge MKE)
TUE	9:30 am	Tuesday Ladies Bible Study (Grace Room)
	10:00 am	Walking Group (Trinity Gym)
	4:00 pm	Public School Confirmation (Grace Room)
	6:15 pm	Handbell Practice (Main Church)
	7:00 pm	Following the Promise (Grace Room)
WED	9:45 am	Reading Buddies (Trinity Café)
	9:45am	Mommy and Me (Moorland Park)
	6:30 pm	Single and Parenting (Faith Room)
THUR	6:45 am	Sunrise Bible Study (Faith Room)
	10:00 am	Walking Group (Trinity Gym)
	5:45 pm	Temple Love Fitness Bible Study (Grace Room)
	6:30 pm	Traditional Worship Service
SAT	8:00 am	God's Guys Breakfast Bible Study (Grace Room)
	9:30 am	Brass Ensemble Practice (Grace Room)
	5:00 pm	Traditional Worship Service
SUN	8:00 am	Traditional Worship Service
	9:30 am	Kid's Club
	9:30 am	Grace Room Bible Study
	9:30 am	Traditional Worship Service
	10:00 am	The Bridge Communion
	10:30 am	The Bridge
3:00 pm	Julia Stuller and Jacob Coey Wedding (Waterford)	



St. Paul's

Our vision is that by every possible means we bring every person in our area of influence closer to Christ through regular worship, small groups, and serving together.

ST. PAUL'S NEWS

Known to Be Hospitalized

Annette Navarre (Mukwonago), Sue Gullekson (LindenGrove Mukwonago), Carol Beyer (hospice care at Azura), Ken Laschen (hospice care at St. Camillus), and Annette Dahlke and Paul Lindemann (home hospice care). Namine Eiche and Tom O'Laughlin have been discharged from the hospital.

Wedding

Arica Drezdzon and Alex Filter were married on Saturday, September 24, 2022. May the Lord bless and keep Arica and Alex as they live in unity with Christ.

Baptisms

Aliyah Grace Eddy, daughter of Travis and Jennifer (nee Bohme) Eddy, was born April 26, 2017, and was baptized in a private ceremony on Saturday, September 24, 2022. May God bless Aliyah in her baptismal faith.

Attendance

The following attended last week's services: 30 on Thursday, 135 on Saturday, 137 on Sunday 8:00 am, 267 on Sunday 9:30 am, and 274 at The Bridge.

Kid's Club

Kid's Club takes place every Sunday, 9:30 – 10:30 am, for kids ages 3k – grade 5. The hour will feature the same, exciting large group/small group format to ensure kids have fun nurturing their relationship with Jesus. Please register online at stpaulmuskego.org/kids-club.

The Bridge Nursery Staff

St. Paul's is looking for more people to join the nursery staff at The Bridge. The nursery staff ministry helps parents to meet with Jesus at worship without the distraction or interruptions from their children. This is a paid position that would be a shared job on Sundays, 9:45 – 11:30 am. Please contact Sally Wallner at swallner@stpaulmuskego.org or 414-218-5197 with questions or to see a position description.

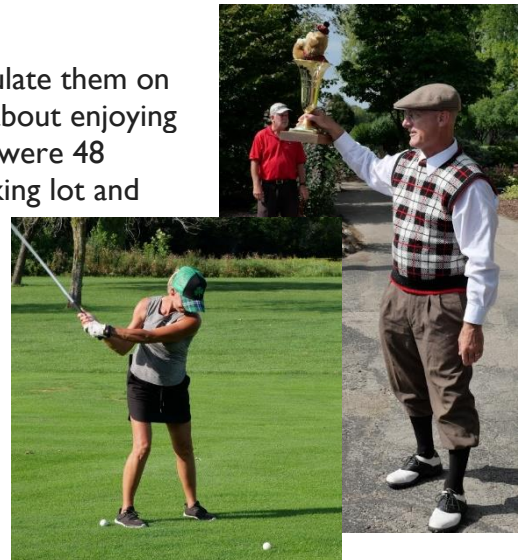
Welcome Our Police Officers!

St. Paul's enjoys a close relationship with the Muskego Police Department. Pastor Pete is the department chaplain, our Friends in Need Fund aids victims in need, the DARE program is taught to our fifth graders, and the department trained here this summer. Chief Westphal has shared with us his plan to strengthen that relationship. Every day our school is in session, a patrol officer will have a daily contact with our school either during student drop off or pick up or during the day to say hello to our kids in the halls. If you see an officer on campus, please take a moment to thank them for their service and for caring about our school and our children.

First Annual Plaid Jacket Golf Tournament

If you see someone wearing a plaid jacket at church this weekend, congratulate them on winning the First Annual Plaid Jacket Golf Tournament! This event was all about enjoying time together, meeting new people, and strengthening connections. There were 48

players from both sides of our parking lot and about 90% were members and some brought guests. Nine volunteers helped make the day memorable with Joel and Maddy Smith and Cindy and Ray Proeber spearheading the way. Along with exceptional food and comical trophies, this golf outing was one to remember.



ST. PAUL'S NEWS

Bible Studies and Groups This Week

If you have questions about any of these studies, make a note on your Connection Card or call the church office at 414-422-0320. No pre-registration is required for any of them.

- Sunday Grace Room Bible Study, 9:30 – 10:15 am. Pastor Peter Kruschel leads a study of Ecclesiastes.
- *Following the Promise* new member study on Tuesday at 7:00 pm. Childcare available on request.
- Tuesday Ladies Bible Study in Grace Room, 9:30 am.
- Mommy and Me, Wednesday, 9:45 am at Moorland Park
- Sunrise Bible Study, Thursday, 6:45 – 7:45 am in the Faith Room
- Women's Workout and Bible Study, Thursday, 5:45 – 7:00 pm
- God's Guys Breakfast Bible Study, Saturday, 8:00 am in the Grace Room

Support Groups and Our Community Counseling and Care Center

For more information about the following, put a note on your Connection Card or call the church office at 414-422-0320.

- Cancer Support Group – for those battling cancer and their network of family and friends
- DivorceCare – Mondays at 6:00 pm in the Hope Room
- Alzheimer's Support Group – Third Tuesday of every month at 6:30 pm in the Hope Room
- Single and Parenting – Wednesday at 6:30 pm in the Faith Room
- Professional counseling from Christian Family Solutions on our campus. You can also go to www.ChristianFamilySolutions.org.

Online Bible Study Group for College Students

Many of our college-aged students have access to one of our WELS Campus Ministries or a WELS contact pastor, some of these young adults are great distances from a WELS/ELS congregation. Awake & Alive is a ministry that meets with these young adults on Sunday evenings for a time for fellowship and a Bible Study. To connect to this group, please visit awakealive.com.

75% of Families are Leaving the Guardianship of Their Children to a Judge

St. Paul's Church and School has contracted with SFC Estate Coaching to help families navigate the process of creating a will/estate plan. Our Estate Coach Tom Slye will educate and coach you to the point of becoming "Attorney Ready." The initial meeting is one hour, with a follow-up meeting taking between 30-45 minutes. These are offered both in person and virtually. Select a time to meet with Tom at StPaulMuskego.org/estate-planning/.

WELS Choral Fest Host Families Needed

Wisconsin Lutheran College will be hosting the East Regional WELS Choral Fest Friday – Sunday, November 4 – 6. This festival brings over 300 students to the Milwaukee to praise the Lord in song. There are currently 8 students from Winnebago Lutheran High School that do not have a host family to provide them with sleeping accommodations, meals, and possible transportation to WISCO that weekend. If you can assure our young sisters and brothers in Christ that they will be welcomed into the Milwaukee area, please contact Pam Meyer at 262-364-9443 or pammeyer10@yahoo.com for more information.

OUR SATELLITE SITE NEWS



The First Service!

Fifty people attended the first afternoon service at The Bridge MKE, 3203 S. 76th Street in Milwaukee! St. Paul's members, other WELS members interested in helping this new mission plant, and guests enjoyed worshipping together, eating snacks in the fellowship hall after the service, and talking about next steps.

What We Learned

Our first worship experience revealed The Bridge MKE seems to provide a worship experience very similar to The Bridge on our main campus, but with a more intimate feel because the room is smaller with the band and worship leaders closer to the worshipping congregation.

The Next Services—Come and Invite Your Friends

- Sunday, October 9 at 4:00 pm
- Sunday, October 23 at 10:30 am
- Sunday, October 30 at 10:30 am (communion offered for first time at 10:00 am)
- Sunday, November 6 at 10:30 am – **Grand Opening Service!**
- Sunday, November 13 at 10:30 am (communion will be offered weekly at 10:00 am)

The Next Steps

- If you are willing to help, contact our Campus Planter Dave Panitzke at 865-236-7333 or Dave@TheBridgeMKE.org.
- Mulch and Work Day – Saturday, October 15 at 9:30 am. Come and help beautify the campus!
- Doorhanger Day – Saturday, October 22 at 1:00 pm. Share invitations to our services with the community.

Fun – Trunk or Treat at The Bridge MKE: Sunday, October 30, 1 to 4 pm

Let's fill our parking lot with 50 cars, their trunks open and decorated, handing out candy and visiting with our new neighbors. The church doors will be open to warm up and enjoy hot chocolate. We will bring some cornhole boards and other games, too. This is the same time as Trick or Treat in The Bridge MKE neighborhood. You don't need to be someone planning on making The Bridge MKE your worship home. Just come and help us make a good first impression on our neighborhood. Contact Dave at 865-236-7333.

A GENEROUS GOD CREATES GENEROUS PEOPLE

Enjoying the Harvest!

Here is just some of the harvest news we celebrated at our Ministerial Team meeting this week:

- Four baptisms last weekend, with three being from the same family: baby, mother and grandmother.
- 30 people in Pastor Nate's *Following the Promise* Bible study with more leads coming in all the time.
- There were a significant number of first-time guests and guests worshipping with us for the second time this past Sunday.
- We need to purchase more chairs for The Bridge as attendance continues to grow.
- We are seeing new families bringing their children to Sunday Kids Club.
- Two students in our Lutheran Elementary School will be baptized in the next few weeks.
- Mental Health Mondays starting that will serve our community as well our congregation.



All of this is possible because your prayers, countless volunteer hours in our school and church, and your generous gifts. Thank you. Truly *a generous God creates generous people with a generous vision.*

Mission and Ministry Fund

This is the general fund of our congregation that supports all of our ministries here on campus as well as enabling St. Paul's to lead our synod in support of mission work around the world and to lead our high school association in supporting the mission of Wisconsin Lutheran High School. There are a number of ways to give:

- Offering envelopes to give checks or cash. If you do not receive monthly offering envelop packets and would like to begin, contact church accountant Sue Kant, skant@stpmuskego.org or call 414-422-0320, ext. 112. If you no longer need to receive offering envelopes, please contact Sue to stop this monthly mailing.
- Online giving at StPaulMuskego.org/Give. You can make a one-time or recurring gift. Giving from a checking or savings account is the most cost-effective method, but you can also use a credit card.
- Text to give: Text stpmuskego to 833-845-3927. You will receive a prompt to set up your account. Once set up, it is easy to give a one-time or recurring gift to any of our funds.
- Give stock: You may save on taxes by making a stock gift directly to St. Paul's. For assistance, contact our church administrator Randy Fink at rfink@stpmuskego.org or 414-422-0320, ext. 120.
- If you are 70½ or older, save on taxes by giving directly from an IRA. Contact Randy Fink for assistance.

Mortgage/Debt Fund Gifts

Thank you for remembering to include gifts to our Mortgage Fund in your giving plans. With additional principal payments we could erase this debt in the next several years to better prepare our congregation for new ministry opportunities.

Support The Bridge MKE

Special gifts are needed to start this effort to sow the seed of God's Word in a new community. Mark your gift clearly The Bridge MKE or give online using the Wish List Fund and put The Bridge MKE in the memo line.